



# Your Personal Goals Checklist

**Instructions:** Use this document to track and update your personal goals as you prepare to transition to civilian life.

Introduction to Benefits and Services	Met with BA	Goal Achieved
Maintaining Your Health	Met with BA	Goal Achieved
Applying for Disability Compensation	Met with BA	Goal Achieved
Getting Career Ready	Met with BA	Goal Achieved
Finding a Place to Live and Community Resources	Met with BA	Goal Achieved
Other Important Goals	Met with BA	Goal Achieved